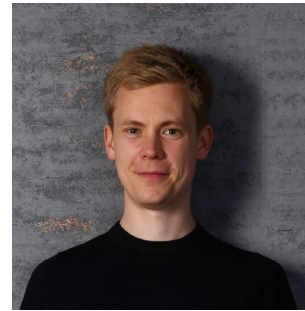


Persönliche Daten

Name Frank Anders
Telefon +49 69 66966700
Mobil +49 151 44 96 75 37
E-Mail frank.anders@synk-group.com



Qualifikationen

Hypnose Coach (SBVH, DVH, National Guild of Hypnosis)
NLP Trainer (Society of NLP)
Atemtrainer (Restorative Breathing)
METRO Trainer Certification (inhouse training certification)

Berufliche Tätigkeiten / Führungserfahrung

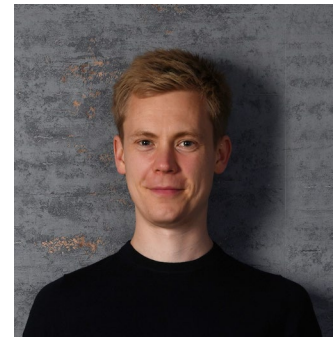
Seit 02/2023 SYNK GROUP GmbH & Co.KG, Trainer & Coach
Seit 06/2023 Your True Potential Coaching - Selbstständiger Coach und Trainer (Hypnose, NLP, Atmung)
10/2021 – 03/2023 NX-Food (METRO AG) – Projektleiter Food Innovation
04/2021 – 10/2021 METRO AG, Executive Assistant to Olaf Koch (CEO)
05/2018 – 03/2020 METRO AG, Corporate Strategy Expert
03/2018 – 01/2014 Roland Berger, Senior Consultant Consumer Goods & Retail

Persönliche Referenzen

WeForm Consulting – Keynote und NLP Workshop
Sales Director Roche – Coaching
Geschäftsführer international tätiger Mittelstand (Logistik) – Coaching

Your coach / trainer

Name Frank Anders
Location Duesseldorf, Germany
Phone +49 69 669 667 00
Mobil +49 151 44 96 75 37
E-Mail frank.anders@synk-group.com



Qualifications

Hypnosis Coach (SBVH, DVH, National Guild of Hypnosis)
NLP Trainer (Society of NLP)
Breathwork trainer (Restorative Breathing)
METRO Trainer Certification (inhouse training certification)

Experience

Since 02/2024 SYNK GROUP GmbH & Co.KG, Trainer & Coach
Since 06/2023 Your True Potential Coaching – Self employed Coach and Trainer (Hypnosis, NLP, Breathwork)
10/2021 – 03/2023 NX-Food (METRO AG) – Project Manager Food Innovation
04/2021 – 10/2021 METRO AG, Executive Assistant to Olaf Koch (CEO)
05/2018 – 03/2020 METRO AG, Corporate Strategy Expert
03/2018 – 01/2014 Roland Berger, Senior Consultant Consumer Goods & Retail
08/2006 – 01/2009 Vereinigte Sparkasse im Märkischen Kreis, Apprenticeship as bank clerk

References

WeForm Consulting – Keynote und NLP Workshop
Sales Director Roche – Coaching
CEO medium sized logistic company - Coaching